

## **8km Run / Walk**

After a short bus ride from the parking location or event base at Taurikura Bay to Urquharts Bay, you line up on a grassy, open trail above Home Point. Make your way around the headland and past an old war-time gun emplacement. Head through a gateway and you will find yourself on a narrow gravel trail surrounded by native bush with glimpses of Bream Bay and the outer islands. After approximately 1.3km, start a short, sharp climb along a gravelled switch-back track. Continue winding your way along the trail and then descend into Smugglers Bay.

Drop down to sea level, admiring the beauty of Smugglers Bay - tempting to stop and have a swim, but no time for that today! Push on and up and over a short rise you will be back onto grassy trail. Pay attention at the junction where the longer distances head over Mt Lion. Head back towards your starting line and out to the car park at Urquharts Bay.

Grab a drink at the aid station before heading off for the last 3km on coastal road to the finish line.

With just over 200m of vertical gain and breath-taking views in this stunning inaugural event, you will be sure to let all your friends know what they missed out on!

Course terrain breakdown:

- Grass/dirt trail
- Gravelled track
- Open public sealed road